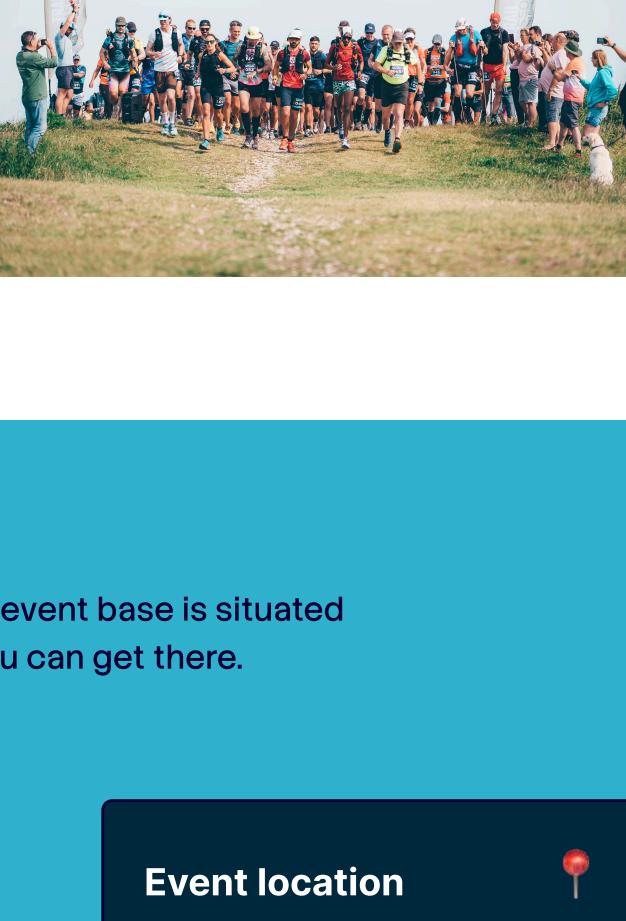


Welcome to The Ridgeway Challenge

Thanks for entering this historic race. We look forward to seeing you in May.

The key details are all listed within this document, if you have any questions please contact us at hello@runawayracing.com.

[Race website](#) >

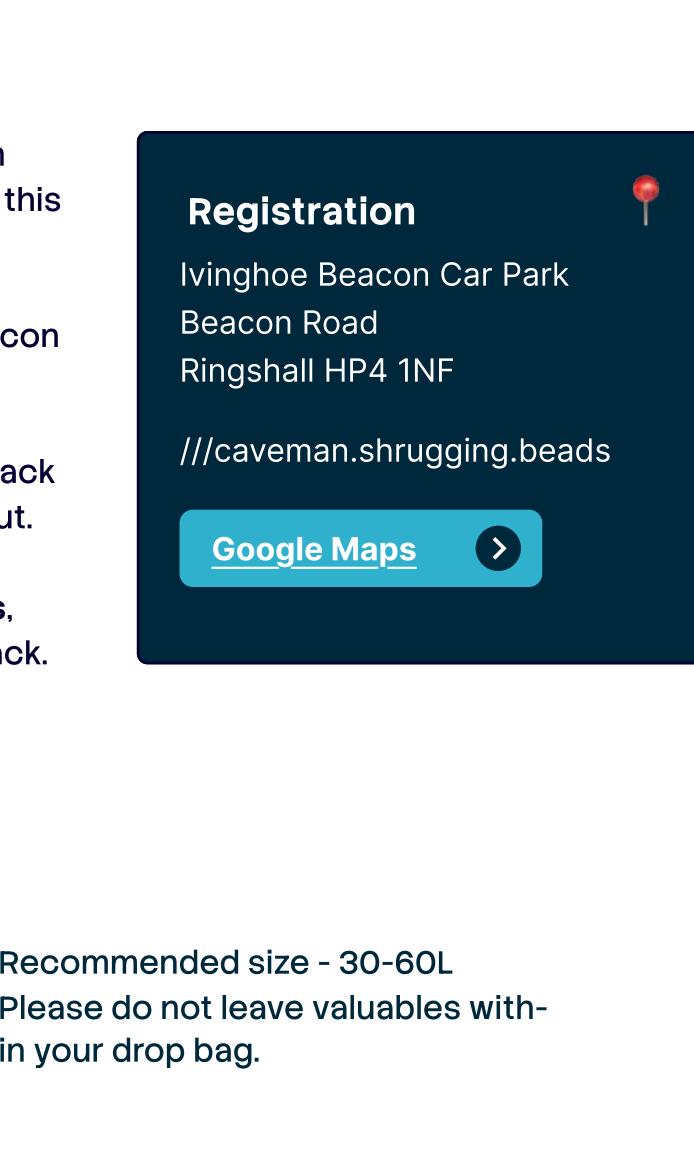


Overview

The race takes place on **Saturday 30th May 2026**, starting at **10:00**.

Runners have **28 hours** to complete the entire Ridgeway National Trail from Ivinghoe Beacon to Avebury Manor.

The total distance is **139km (86 miles)**, with an elevation gain of **1850m**.



Getting to the start

The start takes place at **Ivinghoe Beacon**, and the event base is situated within the car park on Beacon Road. Here's how you can get there.

1 Drop-off

Get dropped off directly at the car park. There are around 100 spaces - get there early if your driver wants to see the start.

2 Coach Transfer

Park in Swindon and take the coach to the start line (journey time 1h45), departs 07:00 on race morning.

This is an additional cost and can be booked during registration, or via the link below.

[Book coach](#) >

Event location

Ivinghoe Beacon Car Park
Beacon Road
Ringshall HP4 1NF

[///caveman.shrugging.beads](http://caveman.shrugging.beads)

[Google Maps](#) >

On arrival

Registration will be open on **race morning** from **08:00 to 09:15**. All runners must register within this time period.

Registration will take place within Ivinghoe Beacon Car Park, address opposite.

You must arrive at registration with your race pack and all mandatory kit, checks may be carried out.

You will be given your **race number**, **safety pins**, and have your **GPS tracker** attached to your pack.

Registration

Ivinghoe Beacon Car Park
Beacon Road
Ringshall HP4 1NF

[///caveman.shrugging.beads](http://caveman.shrugging.beads)

[Google Maps](#) >

Bag Drop

You may drop off **one bag** at the start.

Recommended size - 30-60L

Please do not leave valuables within in your drop bag.

This bag will be transported to CP5 (South Stoke), and then to the finish.

Important - In the event of a DNF, it is your responsibility to return your GPS tracker and collect your drop bags. Lost trackers that are not returned cost £120 to replace.

Walk to the start

The start of the race is at the trig point on the top of Ivinghoe Beacon. It is a short walk (900m) from the event base.

There will be a short safety briefing at 09:40, following this we will walk together to the start and begin the race at 10:00.

Route information

1 Overview

The total distance is **139km** with **~1850m** of elevation gain.

[Route Downloads](#) >

The route is available to download as a **GPX** or via **Garmin, OS Maps & Google Maps**.

Important note - At Ogbourne St George the route will deviate from the official National Trail, this is to avoid a dangerous road crossing, and to allow us an indoor checkpoint within Ogbourne Village Hall - This deviation will be clearly signposted.

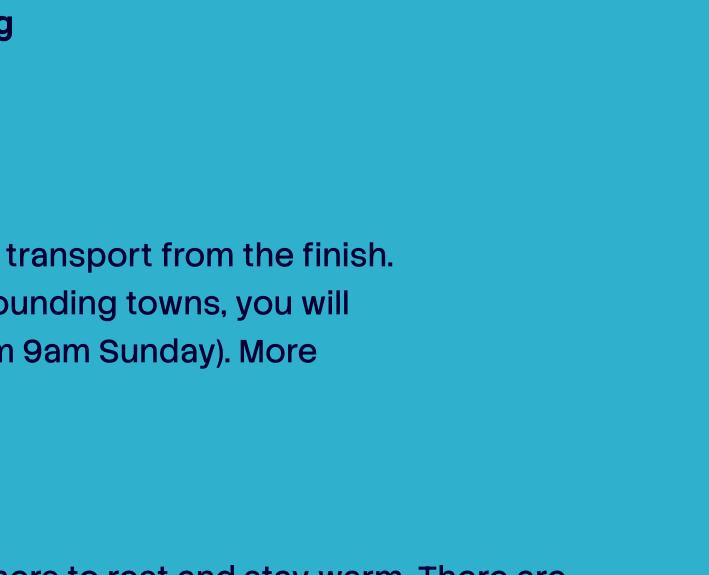
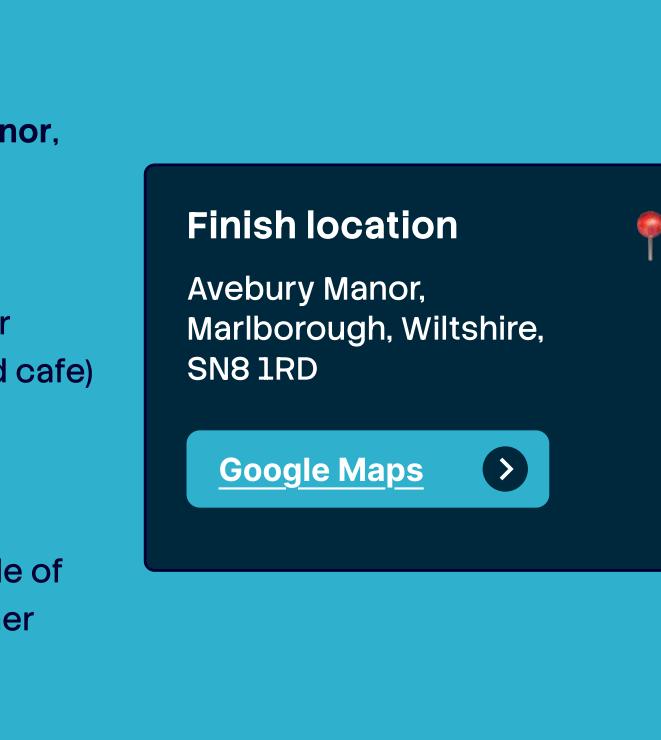
You must have the route on your phone or watch as a back up to the permanent signage.

2 Following the route

The route is **permanently signposted** using official Ridgeway National Trail markers.

In some locations, temporary orange signage (pictured) will be added to ensure the navigation is clear.

Towards the end of the race, you will see specific signage directing you to the finish line at National Trust Avebury.



3 On-route

There are **eight checkpoints** on the route, these will contain a mixture supplies, the list below will give you an idea of what to expect.

Drinks

Water, Coke, Juice, Squash

Electrolyte tablets are available at all CPs

Fuel Precision Fuel & Hydration Gels (non-caffeinated), Precision Fuel & Hydration Chews.

Sandwiches (jam, marmite, cheese, nutella), flapjacks, sweets, fruit, crisps, crackers + much more.

Hot Food

CP5 (South Stoke) - Jacket potatoes + vegan chilli, pasta bake

CP8 (Ogbourne) - Soup + bread

All CPs with hot water will also have instant oats and instant pasta/noodles available.

Hot Water

CP3, CP5, CP6, CP7, CP8 (tea and coffee available)

CP1, Wendover - 10.1 miles / 16.3km

CP1, Wendover - 13:15

CP2, Whiteleaf - 15:40

CP3, Aston Rowant - 18:20

CP4, Nuffield - 21:00

CP5, South Stoke - 23:30

CP6, West Ilsley - 07:30

CP7, Uffington - 07:50

CP8, Ogbourne - 10:50

Finish - 14:00

All CPs with hot water will also have instant oats and instant pasta/noodles available.

Cutoffs

There is an overall **28-hour** time limit (2pm on Sunday) to complete the total distance.

We will be enforcing the following cut-off times during the race. You must leave the checkpoint by the time stated to be allowed to continue.

Check-in by the time stated to be allowed to continue.

For those finishing after 10am there is a National Trust cafe on site too.

4 Mandatory kit

You must carry the following items at all times during the race - This is for your own safety.

Time penalties will be applied to anyone not carrying the correct gear.

Fuel Fully charged mobile phone (switched on throughout)

Access to the route via GPX on your phone or watch, or via a paper map.

Water bottle/bladder capable of carrying a minimum of 1 litre

Survival blanket/sleep bag (min 75 lumens)

Primary light source (min 75 lumens)

Backup light source or spare battery for primary

Re-usable soft hat (can't collapse) if using for hot drinks

Waterproof jacket (must have hood)

Item of warm clothing (long sleeved base layer or fleece)

Basic first aid supplies (plasters/tape/bandage)

Supply of nutrition

Cash or bank card

Emergency info

To contact the event director or medical team, please use the following phone number.

07874 947339

5 Mid-race DNF

We strongly recommend having a contingency plan for this potential outcome, which should include arrangements for a partner/relative/friend to pick you up from a checkpoint.

A sweeper vehicle will be available to transport runners off the course.

either to CP5, or to the finish, dependant on where you stop. You will need to arrange onwards transport to get yourself home.

6 The Finish

Our finish line is at National Trust Avebury Manor.

near to the museum.

Spectators will be permitted at the finish line throughout the duration of the event, however

please note that the National Trust Estate (and cafe) is only open from 10am.

For those finishing after 10am there is a National Trust cafe on site too.

7 Cut-offs

There is an overall **28-hour** time limit (2pm on Sunday) to complete the total distance.

We will be enforcing the following cut-off times during the race. You must leave the checkpoint by the time stated to be allowed to continue.

Check-in by the time stated to be allowed to continue.

For those finishing after 10am there is a National Trust cafe on site too.

8 On-route

Runners will organise their own onwards transport from the finish.

For those going to Swindon or any of the surrounding towns, you will

need to take a taxi, or the local bus route (from 9am Sunday). More

details will be provided closer to the race.

9 Post-race rest

There will be a marquee at the finish for runners to rest and stay warm. There are

no beds available at the finish.

10 Post-race travel

Runners will need to organise their own onwards transport from the finish.

For those going to Swindon or any of the surrounding towns, you will

need to take a taxi, or the local bus route (from 9am Sunday). More

details will be provided closer to the race.

11 Contact us

We hope everything has been covered in the document, but if not please send us an

email and we'll be happy to answer any questions.

hello@runawayracing.com

