

Welcome to the North Chilterns 50K

Thanks for entering, we are really looking forward to seeing you on race day.

The key details are all listed within this document, if you have any questions please email us at hello@runawayracing.com.

[Race website](#) >



1. Overview

The race takes place on **Sunday 13th October 2024**, starting at 9AM.

The event follows a looped route, starting and finishing at our event base within Putteridge Bury.

The total distance is **50K** and follows public footpaths throughout.

There is a total elevation gain of **800m**.

Event Base

Putteridge Bury, Hitchin Road
LU2 8DL

[Google Maps](#) >

2. Getting there

Arriving by car

The entrance is located on the **A505 Hitchin Road/Beech Hill** (there is no access via Putteridge Road).

If you are arriving from the Luton direction, you will need to be in the right lane after exiting the roundabout.

Address
Putteridge Bury, Hitchin Road,
LU2 8DL

[Google Maps](#) >

Arriving by train

There are hourly trains from London to Luton. We would recommend arriving on the 07:23 to give you plenty of time to arrive, register and get ready for the race.

Please bear in mind it is a 15 min drive from Luton station to the event venue.

3. Event timings

Please arrive at the event in plenty of time to register.

Registration opens at **0730** and will close at **0840**. You will be given your bib and timing chip. Safety pins will be provided.

Bag Drop

Small bags and jackets can be dropped off at registration, however we would prefer you to keep belongings locked in your car where possible.

On-route Cutoffs

In order to complete the run in the 9-hour time limit, you must depart the following checkpoint locations by the times listed.

We will enforce a strict cut-off at CP3 to prevent any runners from being on the trail when darkness falls.

0730	Event base & registration opens
0840	Registration closes
0845	Pre-race safety briefing
0850	Walk to race start
0900	Race start
1245	First finisher expected
1800	Finish line cut-off time

CP1 - Barton-Le-Clay (14.3km) - 11:30

CP2 - The View, Pegsdon (28km) - 1400

CP3 - Offley Village Hall (37.2km) - 1540

4. Route information

Route details

Our route is **50km** with **~800m** of elevation gain.

The route is available to download as a **GPX** or via **Garmin, OS Maps & Google**.

You **must** have the route on your phone or watch as a back up to our signage.

[Route Downloads](#) >

Important note - The route is open to the public, please be respectful to all trail users and be careful not to drop any litter.

Checkpoints

There are **three checkpoints** on the route, these will contain a mixture of fluids and nutrition, such as:

Drinks - Water, Coke, electrolyte mix
Fuel - Gels, flapjacks, sweets, fruit, crisps

CP1 - Arnold Rec, Barton (14.3km)
CP2 - The View, Pegsdon (28km)
CP3 - Offley Village Hall (37.2km)

Following the route

The route will be **signposted** and **marshalled** in several locations. An example of our signage is below.



This is a cupless race!
If you would like to take on fluids at the aid station you will need a refillable soft cup or bottle.



We do not allow the following on route

No Dogs Allowed
No Pacers (including cyclists)

5. During the race

Mandatory kit

You **must** carry the follow items at all times during the race. Time penalties will be applied to anyone not carrying the correct gear.

- Mobile phone (emergency number saved)
- GPX of the route via your watch or phone
- Refillable water/hydration system (0.5L min)
- Reusable cup (recommended)
- Windproof or waterproof jacket
- Cash or bank card
- Warm hat (recommended)

Emergency info

To contact the event director or medical team, please use the following phone number:

07874 947339

Spectators welcome

There is plenty of space for friends and family to gather at the start/finish and at CP1 (playing field) or CP2 (pub).

We ask that spectators do not park at CP3, there is very limited space.

6. Post Race

Results

Live results are available immediately after the race at runawayracing.com

Refreshments

Wesley's Artisan Pizza will be joining us at the finish line, serving from 1pm onwards.

Photos

A selection of race photos will be available for free download 24-48 hours after the event.

