

Welcome to the **Hughenden Valley 10K**

Thanks for entering, we are really looking forward to seeing you on race day.

The key details are all listed within this document, if you have any questions please email us at hello@runawayracing.com.





1. Overview

The race takes place on Saturday 19th July 2025, starting at 6PM (evening).

The event starts and finishes at the Hughenden Manor National Trust Estate.

Address

Hughenden Manor (National Trust) High Wycombe, HP14 4LA



2. Getting there



Arriving by car

Enter **Hughenden Manor** via **Valley Road**. Upon arrival follow the track for 800m until you reach the car park at the top of the estate, a marshal will show you where to park - Please do not park at the church!

HP14 41 A

Postcode for Sat Nav



Arriving from High Wycombe

station in High Wycombe.

There are many large car parks and a train

The event base is a 1.8 mile (30 min) walk from the train station via public footpaths.



3. Event Timings

Itinerary

1645	Event base & registration opens
1745	Registration closes
1755	Event safety briefing
1800	Race start
2000	All runners finished

Follow signs to registration and collect your race

On arrival

- number Leave a small bag or jacket at start/finish
- Get warmed up and be ready for our safety 3

(For those without a car)

briefing at 17:55 and then race start at 18:00.

Following the route

4. Route information

Our route is 10km with 195m of elevation gain.

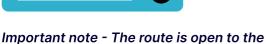
Route details

The route is available to download as a GPX or via Garmin, OS Maps & Google.

Water will be available at 5.3km into the route

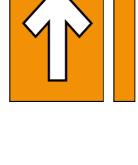
Route Downloads

public, please be respectful to all trail users.



The route will be signposted and marshalled throughout. An example of our signage is below.

WRONG WAY







There is no mandatory requirements, however

5. During the race

we would recommend the following: · Wear trail running shoes

• Carry your mobile phone

Mandatory kit

 Load the route to your watch/phone for peace of mind

Emergency info

To contact the event director or medical team, please use the following phone number:

5. Post Race

Spectators are welcome to support runners at the start/finish, and along the route.

Spectators welcome



Refreshments

There will be complimentary snacks and drinks for



the race at runawayracing.com

Live results are available immediately after



free download 24-48 hours after the event.

