

Welcome to the **Hughenden Trail 10K**

Thanks for entering, we are really looking forward to seeing you on race day.

The key details are all listed within this document, if you have any questions please email us at hello@runawayracing.com.





1. Overview

The race takes place on Saturday 13th April **2024**, starting at 10AM.

The event starts and finishes at the Hughenden Manor National Trust Estate.

Address

Hughenden Manor (National Trust) High Wycombe, HP14 4LA



2. Getting there



Arriving by car

Enter **Hughenden Manor** via **Valley Road**. Upon arrival follow the track for 800m until you reach the car park at the top of the estate, a marshal will show you where to park - Please do not park at the church!

HP14 41 A

Postcode for Sat Nav



Arriving from High Wycombe

station in High Wycombe.

There are many large car parks and a train

The event base is a 1.8 mile (30 min) walk from the train station via public footpaths.



3. Event Timings

Itinerary

0043	Event base & registration opens
0945	Registration closes
0950	Event safety briefing
1000	Race start
1200	All runners finished

Follow signs to registration and collect your race

On arrival

- number Leave a small bag or jacket at start/finish
- Get warmed up and be ready for our safety 3

(For those without a car)

briefing at 0950 and then race start at 1000.

Following the route

4. Route information

Our route is 10km with 195m of elevation gain.

Route Downloads

Route details

The route is available to download as a GPX or via Garmin, OS Maps & Google.

public, please be respectful to all trail users.

Water will be available at 5.3km into the route

Important note - The route is open to the

The route will be signposted and marshalled throughout. An example of our signage is below.



WRONG WAY







There is no mandatory requirements, however

5. During the race

we would recommend the following: · Wear trail running shoes · Carry your mobile phone

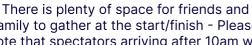
Mandatory kit

 Load the route to your watch/phone for peace of mind

Emergency info

To contact the event director or medical team, please use the following phone number:

5. Post Race



Spectators welcome

family to gather at the start/finish - Please note that spectators arriving after 10am will

be subject to standard entry costs to Hughenden Manor



the race at runawayracing.com



There is a brilliant National Trust cafe onsite that

will be open from 10AM.



Photos

