

Welcome to the **Chiltern Ridge Winter 50K**

Thanks for entering, we are really looking forward to seeing you on race day.

The key details are all listed within this document, if you have any questions please email us at hello@runawayracing.com.





1. Overview

The race takes place on Saturday 1st November 2025, starting at 0830.

finishing at Berkhamsted Cricket Club.

The run follows a looped route, starting and

footpaths throughout.

The total distance is **50.1K** and follows public

There is a total elevation gain of **800m**.

Berkhamsted Cricket Club, Castle Hill

Start/Finish

HP4 1HE

Please note there is no parking at this location

Google Maps



2. Getting there



Parking

venue. Please park in one of the following car parks:

Berkhamsted Station - £10, 500m walk

There is no parking directly at the event

- 2. Lower Kings Road £4, 850m walk (Floor 4-7 for all day parking)
- 3. St John Wells Lane £4, 1km walk

Once you are parked, please walk to:

Berkhamsted Cricket Club, Castle Hill, HP4 1HE

Berkhamsted Train Station is a 500m walk from the event venue.

0700

0810

We recommend checking train times via thetrainline.com

Arriving by train

Please arrive at the event in plenty of time to register.

3. Event timings

Registration opens at **0700** and will close at

0810. You will be given your bib and timing

chip. Safety pins will be provided.

Bags and jackets can be dropped off at

0815 Pre-race safety briefing 0830 Race Start 1215 First finisher expected 1600 Head-torches on! 1730

Event base & registration opens

Registration closes

registration and will be kept indoors for the duration of the run.

Bag Drop

On-route Cutoffs

In order to complete the run in the 9-hour

checkpoint locations by the times listed.

We will enforce a strict cut-off at CP3 for

limit, you must depart the following

the safety of the runners and our

marshalling teams.

4. Route information

CP1 - Aldbury (18km) - 11:30

CP2 - Boswells Farm (30.8km) - 1340

CP3 - Wiggington (41.2km) - 1525

The route is available to download as a GPX or via Garmin, OS Maps & Google. You **must** have the route on your phone or watch

Route Downloads

Checkpoints

gain.

Route details

as a back up to our signage.

Our route is 50.1km with ~800m of elevation

Important note - The route is open to the

public, please be respectful to all trail users

and be careful not to drop any litter.

a mixture of fluids and nutrition, such as:

Drinks - Water, Coke, electrolyte mix Fuel - Gels, flapjacks, sweets, fruit, crisps

CP1 - Aldbury Playing Field (18km)

Mandatory kit

You must carry the follow items at all times during the race. Time penalties will be applied

to anyone not carrying the correct gear.

 Mobile phone (emergency number saved) GPX of the route via your watch or phone

Refillable water/hydration system (0.5L min)

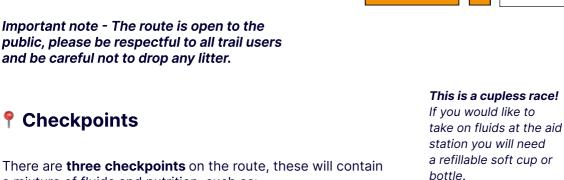
Additional long sleeve layer (kept dry in bag)

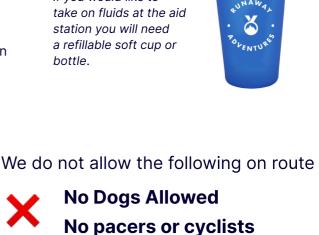


Following the route

The route will be signposted and marshalled in

several locations. An example of our signage is below.





WRONG WAY

WRONG WAY

CP2 - Boswells Farm, Wendover (30.8km) **CP3 - Wigginton Playing Field (41.2km)**

5. During the race

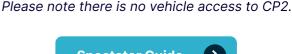
Emergency info

To contact the event director or medical team, please use the following phone number:

07874 947339

Spectators welcome Spectators are welcome to support runners along the route and at the start/finish. See our

spectator guide for suggestions of where to go.



Spectator Guide

Results

Waterproof jacket

Warm hat & gloves

· Cash or bank card

Reusable cup (recommended)

· Head torch



immediately after the race at runawayracing.com



6. Post Race

and a selection hot food available at the cricket club.



will be available for free download 24-48 hours after the event.

